

APPLEWOOD HOCKEY ASSOCIATION



HOCKEY EQUIPMENT CHECKLIST

- Hockey Skates and skate blade protectors
- Shin Protectors
- Hockey Pants
- Jock with cup
- Shoulder Pads
- Elbow Pads
- Hockey Gloves
- Neckguard
- Helmet – must be C.S.A. approved Helmet with full cage
- Mouthguard – optional (usually required for older age groups at contact level hockey)
- Hockey stick
- Hockey tape
- Alternate practice jersey
- Second pair of hockey socks – optional, for practice
- Hockey bag to carry/store equipment

Applewood provides a game jersey and one pair of game hockey socks.

Comparison shopping can help with keeping costs lower. You can compare prices at such stores as Canadian Tire, with sports stores like Sportchek or National Sports.

Used equipment is an option to help lower costs. Used hockey equipment can be purchased at a reputable sports store such as Bert's Sport Chalet, 255 Lakeshore Rd. E., Mississauga