



APPLEWOOD HOCKEY ASSOCIATION



CODE OF ETHICS FOR PARENTS

I will not force my child to participate in hockey.

I will remember that my child plays hockey for his or her enjoyment, not mine.

I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.

I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of a game / event.

I will make my child feel like a winner every time by offering praise for competing fairly and trying hard.

I will never ridicule or yell at my child for making a mistake or losing a competition.

I will remember that children learn best by example. I will applaud good plays / performances by both my child's team and their opponents.

I will never question the official's judgment or honesty in public.

I will support all efforts to remove verbal and physical abuse from children's hockey activities.

I will respect and show appreciation for the volunteer coaches who give their time to provide hockey experiences for my child.

I will strive to always be a positive role model for good sportsmanship.

I will strive to encourage my child to do his/her best, have fun and demonstrate good sportsmanship by respecting officials, coaches, and other players.

I will strive help my child understand and respect the rules of the game and remember that they are part of a team and need to work together for the good of the team.



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10 WAYS TO BECOME A GOOD HOCKEY PARENT

Get involved with your son or daughter's team in a positive way.

Let your son or daughter know you enjoy having them involved with the game.

Don't lose perspective, emphasize the values associated with the game.

Be supportive and don't let expectations become a burden to your son or daughter.

Model respectful behavior for your son or daughter.

Be there for your child whether they win or lose.

Make safety, respect, fair play and fun a priority.

Support your child emotionally

Encourage your child to participate but avoid pressuring them to play the game.

Communicate with your son's or daughter's coach in a professional effective manner.