



## APPLEWOOD HOCKEY ASSOCIATION



### FAIR PLAY / CODE OF ETHICS FOR PLAYERS

I will play hockey because I want to, not just because others or coaches want me to.

I will play by the rules of hockey, and in the spirit of the game.

I will control my temper – fighting and “mouthing off” can spoil the activity for everybody.

I will respect my opponents

I will do my best to be a true team player.

I will remember that winning isn't everything – that having fun, improve skills, making friends and doing my best are also important.

I will acknowledge all good plays/performances – those of my team and my opponents.

I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.

In addition, at Applewood, our players will strive to be winners. A winner is:

- Someone who chooses to improve and try their best
- Someone who chooses to never give up and to accept every challenge
- Someone who chooses to be a good teammate
- Someone who chooses to respect his/her teammates, coaches, opponents and referees
- Someone who knows that we are stronger when we work together



## APPLEWOOD HOCKEY ASSOCIATION



### FAIR PLAY / CODE OF ETHICS FOR COACHES

I will be reasonable when scheduling games and practices, remembering that players have other interests and obligations.

I will teach my players to play fairly and to respect the rules, officials and opponents.

I will ensure that all players get instruction and support and equitable playing time.

I will not ridicule or yell at my players for making mistakes or for performing poorly.

I will remember that players play to have fun and must be encouraged to have confidence in themselves.

I will make sure that equipment and facilities are safe and match the player's ages and abilities.

I will remember that participants need a coach they can respect. I will be generous with praise and set a good example.

I will obtain proper training and continue to upgrade my skills.

I will work in cooperation with officials for the benefit of the game.

In addition, at Applewood, our coaches will strive to:

- Always be a positive role model for good sportsmanship and encourage such action among our players
- Communicate with players, parents, officials, volunteers, and administrators honestly, generously, fairly and with integrity
- Encourage players to have fun and develop confidence in themselves



## APPLEWOOD HOCKEY ASSOCIATION



### CODE OF ETHICS FOR HOCKEY TRAINERS

The Hockey Trainer should not condone, encourage in or defend unsportsmanlike conduct or practices.

The Hockey Trainer should strive to achieve the highest level of competence and education possible.

The Hockey Trainer should use only those techniques and practices which they are qualified and authorized to administer.

The Hockey Trainer should never intentionally mislead or lie about their qualifications.

The Hockey Trainer should recognize that personal problems and conflicts might occur which may interfere with their effectiveness. Accordingly, they should refrain from undertaking any activity in which their personal problems are likely to lead to inadequate performance or harm to an athlete or colleague.

The Hockey Trainer should never practice nor permit discrimination on the basis of race, color, sex, age, religion or national origin.



## CODE OF ETHICS FOR VOLUNTEERS

Each organization is different, and many have their own **code of ethics** staff members and volunteers abide by. The AHA proposes that all volunteers keep this universal **volunteer code** in mind:

- *As a **volunteer**, I realize that I am subject to a **code of ethics** similar to that which binds professionals in the field in which I work. I, like them, assume certain responsibilities and am accountable for any work that I undertake.*
- *I interpret "**volunteer**" to mean that I have agreed to work without compensation in money.*
- *However, having accepted a working role in this organization, I expect to do my work according to standards, just as paid staff would expect to do theirs.*
- *I will be: open-minded in my attitude toward my work; willing to be trained for my job; committed to the task at hand; consistent in maintaining communication with all appropriate staff.*
- *I believe that I have an obligation to my work, to those who direct it, to my colleagues, to those we serve, and to the public*

As an aide or volunteer at the AHA I will:

- A. Be proud of my position and use my best endeavors to elevate the standards of my performance so that I may merit a reputation for high quality of service--to the end that others may emulate my example.
- B. Be a person of integrity, clean speech, desirable personal habits and physical fitness.
- C. Be just in my criticism and be generous in my praise; to improve and not destroy.
- D. At all times consider myself in a highly sensitive and privileged position and conduct myself accordingly.
- E. Adhere meticulously not only to this Code of Ethics but also to other Code of Ethics of the AHA applicable to me.
- F. Be a resourceful person who readily adapts to different kinds of work and changed conditions and finds better ways to do things.
- G. Conduct myself in a spirit of friendly helpfulness to my colleagues to the end that I will consider no personal success legitimate or ethical which is secured by taking unfair advantage of another.
- H. Endeavor to improve my skills and competencies by participation in available inservice opportunities.
- I. Keep in confidence information that has been obtained in the course of professional service, unless disclosure serves professional purposes or is required by law.



## Board of Directors Code of Ethics

**Applewood Hockey Association Board of Directors are asked to adhere to the following ethical standards:**

- To support, and be governed by, the *Bylaws and Constitution of the AHA* and such amendments, resolutions and policies as may be adopted by the membership
- Represent the interests of all people served by this association, and not favor special interests inside or outside of the AHA
- Not use board service for personal advantage or for the advantage of friends and associates
- Keep confidential information confidential. To hold confidential within the board all discussions and deliberations that may occur in the process of arriving at decisions
- Respect and support the majority decisions of the board
- Approach all board issues with an open mind, prepared to make the best decisions for everyone involved
- Do nothing to violate the trust of those who elected or appointed you to the board or the trust of those the board serves
- Focus efforts on the mission of the AHA and not personal goals
- Never exercise authority as a board member except when acting in a meeting with the board, or as delegated by the board
- To fulfill any and all responsibilities specified in the job description that pertains to my particular seat on the board; further, I agree to perform, in a timely manner, such additional duties as I undertake
- To attend any and all meetings that are deemed necessary to conduct AHA business
  - This agreement is construed to include the obligation to monitor and respond promptly to all communications within the Board of Directors; and
  - To respond within reasonably established time-frames to the business matter(s) at hand
- To formally notify the President and the Secretary of any inability to participate in prescribed meetings or to respond, when it is necessary, to conduct AHA business by telephone or e-mail
- To seek out and arrange for another board member to assume all of my responsibilities in the event of temporary inability to fulfill these obligations
- Consider yourself a "trustee" of the AHA, and do your best to ensure it is well-maintained, financially secure, growing and always operating in the best interests of those the board serves



## APPLEWOOD HOCKEY ASSOCIATION



### CODE OF ETHICS FOR OFFICIALS

I will do the best job that I can in each game, no matter what the category of hockey.

I will always show respect for my fellow officials, the players, coaches and fans.

I will treat all other participants and spectators of the game with respect at all times.

I understand that the use of abusive language or gestures (reverse abuse) is completely unacceptable under any circumstances.

I will study and continue to improve my knowledge of the playing rules and officiating program policies and procedures.

I will represent myself and the rules of the game as fairly and as accurately as possible at all times.

I will, when required, promptly report all penalties involving potential disciplinary action to the appropriate authorities.

I will always be unquestionably impartial, keeping a professional and appropriate distance from teams.

I understand that the use of alcohol is not encouraged and is totally unacceptable on game days. The use of illicit drugs is against the law.

I will uphold the philosophy and right of all hockey participants to "Fair Play" and penalize accordingly all violent acts.

I will raise the standard of play in each game that I officiate.

I will be supportive of my fellow on-ice and off-ice officials at all times, even when I am a spectator.

I will accept the fact that I will make mistakes, but I will not get frustrated or let this learning process affect my performance or my professionalism.

I will contribute to the continuing growth of the hockey officiating program and its officials with my Branch through support, encouragement and positive attitude.

I will respect and accept constructive feedback from supervisors and the assignments I receive from my administrators.



## APPLEWOOD HOCKEY ASSOCIATION



### CODE OF ETHICS FOR PARENTS

I will not force my child to participate in hockey.

I will remember that my child plays hockey for his or her enjoyment, not mine.

I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.

I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of a game / event.

I will make my child feel like a winner every time by offering praise for competing fairly and trying hard.

I will never ridicule or yell at my child for making a mistake or losing a competition.

I will remember that children learn best by example. I will applaud good plays / performances by both my child's team and their opponents.

I will never question the official's judgment or honesty in public.

I will support all efforts to remove verbal and physical abuse from children's hockey activities.

I will respect and show appreciation for the volunteer coaches who give their time to provide hockey experiences for my child.

I will strive to always be a positive role model for good sportsmanship.

I will strive to encourage my child to do his/her best, have fun and demonstrate good sportsmanship by respecting officials, coaches, and other players.

I will strive help my child understand and respect the rules of the game and remember that they are part of a team and need to work together for the good of the team.



## APPLEWOOD HOCKEY ASSOCIATION



### 10 WAYS TO BECOME A GOOD HOCKEY PARENT

Get involved with your son or daughter's team in a positive way.

Let your son or daughter know you enjoy having them involved with the game.

Don't lose perspective, emphasize the values associated with the game.

Be supportive and don't let expectations become a burden to your son or daughter.

Model respectful behavior for your son or daughter.

Be there for your child whether they win or lose.

Make safety, respect, fair play and fun a priority.

Support your child emotionally

Encourage your child to participate but avoid pressuring them to play the game.

Communicate with your son's or daughter's coach in a professional effective manner.